

# CRISIS STABILIZATION

## *Emergency Pantry Needs*

### CURRENT NEEDS

#### Urgent needs for the Skill Center:

- *Frozen meals*
- *Individual snacks (chips, cookies, pretzels, nuts etc.)*
- *Fruit cups*
- *Breakfast pastries*
- *Granola bars*
- *Small boxes of cereal*
- *Shelf stable milk*
- *Canned soups*
- *Canned ravioli*
- *Microwavable mac & cheese*

#### For Meal Kits:

- *1-2 lb rolls ground beef*
- *1-2 lb rolls of ground turkey*
- *Taco Shells*
- *Velveeta Cheese*
- *Pasta*
- *Jarred Alfredo Sauce*
- *Jarred Red Italian Sauce*
- *Salt & Pepper Shakers*
- *Small Parmesan Cheese shakers*

#### For youth without a kitchen:

- *Canned Fruit*
- *Fruit Cups*
- *Canned Tuna*
- *Spam*
- *Multi packs of individual snacks: cookies, chips, pretzels, nuts, and other snack items*
- *Graham Crackers*
- *Peanut Butter*
- *Jelly*

#### For young families with kids:

- *Pancake mix*
- *Syrup*
- *Small variety packs of kids cereal*
- *Shelf stable milk*
- *Juice boxes*
- *Velveeta skillet meals*
- *Mac & cheese (box & microwavable)*
- *Canned ravioli, Spaghetti-Os, etc.*
- *Ramen Noodles*
- *Soups (Chili Mac, Beef & Potato, Jambalaya, Lasagna, Chicken Enchilada, Chicken Noodle)*

Please note: Ready for Life makes "Meal Kit" Bags and "Snack" Bags to help the former foster youth (and their children) make it through these difficult times. We distribute food to individuals and families, so we do not need bulk food items or very large sizes. **Individual size items work better for this emergency food relief program.**

#### Household Items:

- *Toilet Paper*
- *Paper Towels*
- *Clorox Wipes*
- *Laundry Soap Pods*
- *Dryer Sheets*
- *Spray Cleaner*

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