



Ready for Life

Changing Lives Beyond Foster Care

## EMERGENCY PANTRY

*Wish List + Needs*

### MEAL KITS

*\$20 Walmart Gift Cards for Protein & Produce*

**For Taco Dinner:**

*Taco Shells, Salsa, Yellow Rice, Refried Beans,  
Taco Seasoning Packets, Velveeta Cheese*

**For Pasta Dinner:**

*Red Sauce, White Sauce, Pasta, Olive Oil,  
Parmesan Cheese*

**For BBQ Sliders Dinner:**

*BBQ Sauce, Box Mac & Cheese, Rice & Beans*

### DAY STOP SUPPLIES

*Laundry Detergent*

*Bleach*

*Travel Size Soap, Shampoo, Conditioner*

*New White Towels & Washcloths*

*Toilet Paper*

*Cleaning Supplies*

### EMERGENCY NEEDS

*Microwavable Mac & Cheese or Ravioli*

*Vienna Sausages*

*Fruit Cups or Canned Fruit*

*Assorted Snacks*

*Toaster Pastries/Pop Tarts*

*Small Bottles of Water*

*Shelf Stable Non-Refrigerated Milk*

*Juice Boxes*

*Baby Wipes & Hand Sanitizer*

*Feminine Hygiene Products*

*AA & AAA Batteries*

*\$20 Walmart Gift Cards for Other Items*

*Gas, Uber, Lyft Gift Cards (to get to appointments,  
tests, & for emergencies)*

*Questions? Contact Michelle Walag at [MWalag@readyforlifepinellas.org](mailto:MWalag@readyforlifepinellas.org)  
or call (727) 954-3989 ext. 223*