

Hurricane Preparedness 2025

Be the Calm Before the Storm: Help RFL Stock the Emergency Pantry

Donate at rflp.info/crisis

Shelf Stable Food

Vienna sausages & Spam
Canned tuna
Canned ham
Canned ravioli & spaghetti
Jars of peanut butter & jelly
Crackers
Velveeta cheese
Fruit cups & canned fruit
Fruit snacks
Individual packs of snacks & nuts
Beef jerky & beef sticks
Turkey jerky and pepperoni
Granola bars & cereal bars
Pop Tarts
Individual boxes of cereal
Shelf stable milk
Juice boxes & Gatorade
Bottled water

Emergency Supplies

Small first aid kits
Push lights with batteries
Toilet paper
Clorox wipes
Baby wipes & diapers
Manual can openers
Gallon-size ziploc bags
Backpacks (for evacuation)
Solar cellphone chargers

Gift Cards

\$20 Gas cards
\$20 Walmart gift cards

**Shop our
Amazon list**

